

Theme of the Week:

HUMILITY

The quality or condition of being humble;
Modest opinion or estimate of ones own
importance



VERSE

For all those who exalt themselves will be humbled, and those who humble themselves will be exalted.

Luke 14:11

ACTIONS

- What does humility mean??
- Why is it more important to honor or uplift our teammates instead of ourselves?
- How could you honor or uplift your teammates, classmates or family members this week to show an example of humility?

WHAT DOES HUMILITY LOOK LIKE?

Being good with who you are as a person, helps us to be able to consider others before ourselves.

QUESTIONS

- What can make humility feel hard to show?
- What helps you remember that you are valued so you can show value to others?

REAL LIFE
SPORTS