

*Theme of the Week:*

# SPORTSMANSHIP

The conduct considered proper as participants in sports, including fair play, courtesy, a striving spirit and grace in losing



## VERSE

Don't rejoice when your enemies fall;  
don't be happy when they stumble.

*Proverbs 24:17*

## ACTION

Do two things this week that will show good sportsmanship at your games!

# WHAT DOES SPORTSMANSHIP LOOK LIKE?

In 2008 Western Oregon University and Central Washington were playing a college softball game to determine the league championship.

With two runners on base and a strike against her, Sara Tucholsky of Western Oregon did something she had never done in a game in College, High School or even practice...she hit a homerun.

But when she was rounding first base she landed funny on her leg and tore her ACL. Unable to walk, she clung to first base. If she subbed out for another player, the homerun wouldn't count, if she had a teammate help her, she would be called out.

The Central Washington pitcher and third baseman got together with their teammates and decided they were going to carry Sara around the bases so she would get the homerun she deserved.

They were under no obligation to do this and had they not; the homerun would not have counted.

The Central Washington players were just doing what they thought was right in spite of it hurting the chances of them winning the game, they ended up losing 4-2 and ended their season.

It's easy being a good sport when your team is winning by a large margin, but this team showed their true selves by doing the right thing and helping Sara get her homerun.

**"WHEN YOU WIN, SAY NOTHING, WHEN YOU LOSE, SAY LESS."**

**- PAUL BROWN -**

PLEASE REVIEW THE SHORT VIDEO AND LESSON BELOW  
AND THEN SHARE IT WITH YOUR SON OR DAUGHTER.



## REVIEW THESE QUESTIONS WITH YOUR ATHLETE:

- What is the theme of the week?
- What does sportsmanship mean?
- What happened in the softball game?
- Did Central Washington have to help Sara around the bases? Why did they?
- How would Sara have felt if the team laughed at her falling down on the base?
- What would be a bad sportsmanship example in soccer or volleyball?

**"YOU CAN STAND TALL WITHOUT STANDING ON SOMEONE. YOU CAN BE A VICTOR WITHOUT HAVING VICTIMS." - HARRIET WOODS**

**REAL LIFE**  
SPORTS